



Hypertension

The Silent Assassin Making a Difference



NHS Derby & Derbyshire Clinical Commissioning Group, working in partnership with East Midlands Clinical Network for Diabetes with Cardiovascular Disease, Health Education England and Public Health England are to deliver a Primary Care Hypertension Upskilling Programme.

This programme is for

GPs

Practice Nurses

HCAs

Trainee GPs

Pharmacists

Open to all

The upskilling programme aims to work with partners to increase the confidence and competence in primary care of hypertension management and addressing cardiovascular risk. This will include diagnosis and management of hypertension and dyslipidaemia including familial hypercholesterolemia.



Speaker

Dr Yassir Javaid MBBChir
(Cambridge), MA MRCP
MRCP PGDip Cardiology
GPSI and Clinical lead for
Cardiology

Dates | 2019

10 July | 1.30-3.30pm | Riverside Centre, Derby

10 September | 1.30-3.30pm | Post Mill Centre, South Normanton

10 October | 1.30-3.30pm | Hasland Village Hall, Hasland

Learning outcomes

- Have an understanding of NICE / European Society of Cardiology (ESC) guidance on establishing a diagnosis of hypertension
- Recognise blood pressure targets depending on comorbidity
- Understand the Hypertension Treatment algorithms and be able to follow accordingly
- Be able to assess cardiovascular risk and target organ damage – introducing Joint British Societies on the prevention of Cardiovascular Disease and British Heart Foundation's "heart age"
- Be able to recognise electrocardiogram (ECG) changes in people with hypertension
- Be able to identify secondary hypertension

Booking information

To book your place, please e-mail ddccg.conditionsspecific@nhs.net as soon as possible before the training date. If you have any queries please contact [Dena Tomlinson](#) for more information.

