# **Frailty Model Event**



**Date and Time:** Thursday 23<sup>rd</sup> May 10 am – 3 pm. Refreshments and lunch provided.

Venue: Postmill Centre, South Normanton, Derbyshire, DE55 2EJ. Free Parking is available onsite, for directions https://www.postmillcentre.co.uk/

## The Ambition

The Ambition of the Derbyshire Community Frailty Model of care is to transform our services from a care model that is currently largely episodic, reactive, secondary care focussed and often disjointed to timely identification, for preventative, proactive care underpinned by personalised care and support planning.

The ambition is a shift to a community-based, person-centred, co-ordinated care model. This approach will move Joined up Care Derbyshire STP towards the closure of the triple gaps in Care Quality, Health & Wellbeing and Finance.

The ultimate impact being the achievement of the Quadruple Aim of improving patient outcome and experience of care, improving population health, improving staff experience and reducing the per capita cost of healthcare.

The model aligns with the ambitions set out on the NHS Long Term Plan.

#### The purpose of the event:

This is an exciting opportunity to become involved in the Derbyshire Community Frailty Model, which is to be implemented using the Always Events® philosophy of coproduction https://www.england.nhs.uk/wp-content/uploads/2016/12/always-events-toolkit-v6.pdf with the support of NHS England.

This approach helps accelerate improvement efforts to enhance experiences of care for patients, their family members or other care partners, and service users, through genuine partnership using co-production.

Always Events® is a co-production quality improvement methodology which seeks to understand what really matters to patients, people who use services, their families and carers and then co-design changes to improve experience of care. Always Events® are defined as aspects of the patient and family experience that should always occur when patients interact with healthcare professionals and the health care delivery system.

Always Events® help teams to develop clear, action-oriented, and pervasive practices or set of behaviours that:

- Provide a foundation for partnering with patients, their care partners, and service
- Ensure optimal patient experience and improved outcomes;
- Serve as a unifying force for all that demonstrates an ongoing commitment to personand family-centered care; and
- Add meaning to the work of care team staff

#### Why is Frailty an important area of focus?

- Timely identification of people at risk with complex care needs
- It permits sub-stratification by needs, not age
- It crosses health & social care, so can drive integration
- It's predictive: finding those who benefit from active and healthy ageing
- It will guide & track commissioning, design & service delivery
- It directs towards key outcomes: maintained functional ability & wellbeing
- It provides opportunity to standardise care for people with similar needs

#### **Background**

The Derbyshire Community Frailty Model has been developed through a whole system collaborative effort over the last 4 years, and can be found in figure 1.

Each of the 8 Place Alliances in Derbyshire are currently taking forward Frailty projects. These are examples of placed based, locally sensitive initiatives. Most of these projects are already addressing elements of the over-arching Frailty Model. The ALWAYS EVENTS approach is an opportunity for places to further engage staff and patients in the implementation of frailty projects thus achieving the over-arching vision and outcomes of Derbyshire Community Frailty Model.

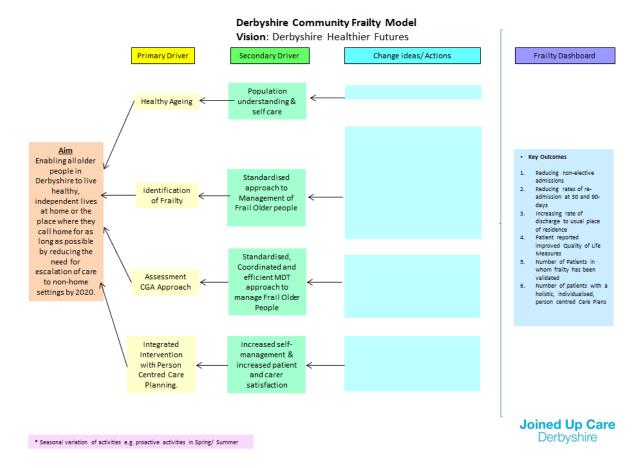


Figure 1

There are 6 key outcomes identified within the Derbyshire Community Frailty Model:

1. Reducing non-elective admissions

- 2. Reducing rates of re-admission at 30 and 90- days
- 3. Increasing rate of discharge to usual place of residence
- 4. Patient reported improved Quality of Life Measures
- 5. Number of Patients in whom frailty has been validated
- 6. Number of patients with a holistic, individualised, person centred Care Plans

#### If you would like to attend the event

Invitations are extended to:

Membership of the frailty workstream

### **Provider Organisations:**

- Chief Operating Officers/Assistant Director for Operations
- Quality Improvement/ Transformation Directors/Managers
- Patient Experience Leads
- Staff Health and Wellbeing Leads
- Clinical Lead for Frailty
- Multi-Disciplinary Team Lead(s) Frailty/Older People

#### Commissioning:

- Medical Director
- Deputy Medical Directors
- STP Senior Team
- Governing Body GPs
- Patient Experience Team

#### Place:

- Place Leads- Medical and Admin
- Place Board Membership

Participants who wish to book to take part in this event are asked to commit to:

- The principles of the Always Events® methodology
- Implementing the Derbyshire Community Frailty Model using the Always Events philosophy and introducing this within their areas and with the local teams
- Supporting the co-design of the pathway with patients, care
- partners, and service users.
- Promote and support an event organised for service users and frontline staff on the 3rd July 2019 (Venue and Time to be confirmed).

# For more information and to book a place on the event, please email:

Karen Ritchie, Head of Engagement, Joined Up Care Derbyshire <u>Karen.ritchie2@nhs.net</u>. Telephone no. 07789 868346.

Please indicate if you have any special dietary or access requirements.

