

I haven't got a clue if this drug is safe in pregnancy or breastfeeding...why are you asking me....?



## Perinatal Mental Health Update Training for GPs and other Primary Care clinicians

When: Wednesday 22/5/19 at 730pm

Where: Trinity Church Buxton

Please note correct date, original flyer was incorrect

Improve your confidence in identifying and managing patients with common, treatable but potentially very dangerous symptoms.

## **Objectives:**

- To raise awareness of the commonest mental health problems presenting in the perinatal period
- To improve your confidence in prescribing SSRIs and other MH medication safely in pregnancy and in breastfeeding
- To introduce you to a wealth of resources to assist you in managing patients and their families during difficult and distressing times

**About the presenter**: Dr Tara George is one of NHS England's newly appointed Perinatal Mental Health GP Champions. In this role she delivers teaching to GPs and other primary care staff to upskill them in their identification and management of patients with perinatal mental health issues. Tara is also a GP, GP Trainer and Programme director in Chesterfield.

Spaces at this meeting are open to any GPs and practice nurses/ANPs/paramedic practitioners/clinical pharmacists working in the North Derbyshire and Hardwick CCG areas. RSVP to <a href="mailto:tara.george@nhs.net">tara.george@nhs.net</a>