

# MIDLANDS 2019

## STUDY DAY - 3 hours CPD

### for GPs & NURSES

GP Forum, PO Box 234, Chesterfield S45 9YS

T: 01246 861 711 E: info@gpforum.com www.gpforum.com

You are invited to attend the following Primary Care programmes. A Certificate of Attendance will be issued along with a Personal Development Plan summary form, which will be supplied for your portfolio. Any lecture notes provided by the speakers will be available to download. The Contraception & Sexual Health programme covers the requirements of CPD for the Faculty of Sexual & Reproductive Healthcare.

**There will be no charge for attending the meetings.**

**FORMAT: "Interactive Learning" with presentations giving ample time for face to face questions and discussion with speakers.**

#### MANSFIELD - CONTRACEPTION & SEXUAL HEALTH

THE ONE CALL STADIUM, QUARRY LANE, NG18 5DA

**THURSDAY 9<sup>th</sup> MAY**

**AGENDA 3 hours CPD**

11.30am Registration

12noon Light Refreshments

1.00pm "SEXUALLY TRANSMITTED INFECTIONS –  
MANAGEMENT IN PRIMARY CARE"

\*Recognition, Diagnosis & Management of STIs including Syphilis & Chlamydia

\*Taking a Sexual History \* Specimens collection

Dr David Kellock, Kingsmill Hospital

2.00pm "HIV – WHERE ARE WE NOW"

Dr David Kellock – Kingsmill Hospital

2.45pm Refreshments

3.15pm "AN OVERVIEW OF CONTRACEPTION & RECENT ADVANCES"

General update on Contraception to include 1/2 hour IUCD / IUS update

\* Overview of different contraceptive methods available \*New products

\*Emergency contraception \* LARCs \*Contraceptive options for different scenarios

Dr Simone Reuter, Sherwood Forest Hospitals

4.30pm Questions, Discussion - Close

#### NOTTINGHAM - NEUROLOGY

NOTTS COUNTY F.C., MEADOW LANE, NOTTINGHAM NG2 3HJ

**THURSDAY 4<sup>th</sup> JULY**

**AGENDA 3 hours CPD**

11.30am Registration

12noon Light Refreshments

1.00pm "MOVEMENT DISORDERS"

\*Tremor \*Restless Legs syndrome

\*Dystonia - Jerks and twitches \* Parkinson's disease

Dr Jonathan Evans, QMC, Nottingham

2.30pm Refreshments

3.00pm "EPILEPSY – FITS, FAINTS & FUNNY TURNS"

\* Diagnosis and Differential Diagnosis \* Investigation and Medical Treatment

\* Management of First Fit \* Women & Epilepsy

Angela Jones, Nottingham University Hospitals

4.30pm Questions, Discussion - Close

(Programme may be subject to change)

#### DERBY - MSK

THE GRANGE BANQUETING SUITE, 457 BURTON ROAD, DE23 6XX

**THURSDAY 20<sup>th</sup> JUNE**

**AGENDA 3 hours CPD**

11.30am Registration

12noon Light Refreshments

1.00pm "HAND & WRIST DISORDERS – MAKING THE CORRECT DIAGNOSIS TO START APPROPRIATE TREATMENT"

Mr Timothy Cresswell, University Hospitals of Derby & Burton

2.00pm "HOW I ASSESS THE SHOULDER AND PERIPHERAL NERVE INJURIES –  
WHAT WE CAN OFFER"

Mr Timothy Cresswell, University Hospitals of Derby & Burton

3.00pm Refreshments

3.30pm ALL THINGS SPINAL – A SURGEON'S PERSPECTIVE"

\*Clinical presentation of degeneration, neoplasms, infections and injuries of the cervical spine

\*Cervical spine anatomy \*Examination and diagnostics, differential diagnosis

\*Spinal cord compression, radiculopathy, myelopathy, deformity

\*Treatment recommendations, non-operative, surgical

Professor Zdenek Klezl, University Hospitals of Derby & Burton

4.30pm Questions, Discussion - Close

#### MANSFIELD - MSK

THE ONE CALL STADIUM, QUARRY LANE, NG18 5DA

**WEDNESDAY 10<sup>th</sup> JULY**

**AGENDA 3 hours CPD**

11.30am Registration

12noon Light Refreshments

1.00pm "HAND & WRIST DISORDERS –

MAKING THE CORRECT DIAGNOSIS TO START APPROPRIATE TREATMENT"

Speaker to confirm

2.00pm "HOW I ASSESS THE SHOULDER AND PERIPHERAL NERVE INJURIES –  
WHAT WE CAN OFFER"

Mr Jomy Kurian, Sherwood Forest Hospitals

3.00pm Refreshments

3.30pm ALL THINGS SPINAL – A SURGEON'S PERSPECTIVE"

To include: - \*Assessment of the spine \*Red Flags \*Back Pain \* Sciatica

\*Paediatric Scoliosis \*Spinal Stenosis \*Discitis \*Role of injection therapy

\*Overview of surgery \*Intervertebral disc disease \*who to refer

Mr Khalid Salem, QMC

4.30pm Questions, Discussion - Close

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YOU CAN SUBSCRIBE OR UNSUBSCRIBE AT ANY TIME - WE CARE ABOUT YOUR PRIVACY

The companies attending the medical exhibition are helping to sponsor the cost of the educational programme.

Your interest in the exhibition therefore would be gratefully appreciated.

We look forward to your attendance at what is sure to be a very informative and enjoyable event.

#### DOCTOR & NURSE REGISTRATION FORM

DOCTOR ☐

NURSE ☐

☐ MANSFIELD 9<sup>th</sup> MAY

☐ DERBY 20<sup>th</sup> JUNE

☐ NOTTINGHAM 4<sup>th</sup> JULY

☐ MANSFIELD 10<sup>th</sup> JULY

Complete in CAPITALS Name: .....

Your email: .....

In the interests of the economy  
and the environment we would  
prefer to respond to you by email.

Surgery / P/Manager email: .....

Surgery Address: .....

Postcode: ..... Tel: .....

CCG: .....

Lunch - tick box Yes ☐ No ☐

Signed: .....

Register by email to info@gpforum.com or return to: GP FORUM, PO BOX 234, CHESTERFIELD S45 9YS