

MIDLANDS 2018

STUDY DAY - 3 hours CPD

for GPs & NURSES

GP Forum, PO Box 234, Chesterfield S45 9YS
T: 01246 861 711 E: info@gpforum.com www.gpforum.com

You are invited to attend the following Primary Care programmes. A Certificate of Attendance will be issued along with a Personal Development Plan summary form, which will be supplied for your portfolio. Any lecture notes provided by the speakers will be available to download. The Women's Health programme covers the requirements of CPD for the Faculty of Sexual & Reproductive Healthcare.

There will be no charge for attending the meetings.

FORMAT: "Interactive Learning" with presentations giving ample time for face to face questions and discussion with speakers.

MANSFIELD - HAEMATOLOGY & MICROBIOLOGY

MANSFIELD TOWN FOOTBALL CLUB, QUARRY LANE, MANSFIELD, NG18 5DA

WEDNESDAY 17th OCTOBER

AGENDA 3 hours CPD

11.30am **REGISTRATION / MEDICAL EXHIBITION**

12noon **LUNCH**

1.00pm **"HAEMATOLOGY TESTS – WHAT TO MONITOR & WHEN TO REFER"**

Learning Objectives: *Haematology tests in Primary Care *What parameters to assess? *How to deal with values outside the normal range?

*What values to monitor? *When to refer to Secondary/Tertiary services?

Full Blood Count – What parameters to look at?

Red Cells *Haemoglobin (and HCT) *MCV *RBC Count

*WC Count & differential *Platelet count

Dr Tim Moorby

Sherwood Forest Hospitals

2.30pm **Refreshments**

3.00pm **"HOW BEST TO USE THE MICROBIOLOGY LABORATORY & ANTIBIOTIC GUIDELINES"**

*MRSA *C. Difficile *Resistant gram negatives *Antibiotic guidelines

*UTIs *HIV update & the importance of an early diagnosis

Dr Michael Weinbren

Sherwood Forest Hospitals

4.15pm **Questions & Discussion - Close**

DERBY - WOMEN'S HEALTH

GRANGE BANQUETING SUITE, 457 BURTON ROAD, LITTLEOVER, DE23 6XX

THURSDAY 15th NOVEMBER

AGENDA 3 hours CPD

11.30am **REGISTRATION / MEDICAL EXHIBITION**

12noon **LUNCH**

1.00pm **"PROLAPSE & RECURRENT PROLAPSE"**

*Types of prolapse *Pessary treatment *Surgical options *Recurrent prolapse

*Use of mesh for prolapse repair

Mr Jaydip Dasgupta, Derby Teaching Hospitals

1.45pm **"FEMALE URINARY INCONTINENCE"**

*Assessment of incontinence *Conservative options

*How to run a bladder re-training service *Drug treatments

*Surgical options *Role of urodynamics *Advanced treatment options

Mr Jaydip Dasgupta, Derby Teaching Hospitals

2.30pm **Refreshments**

3.00pm **"MANAGING HORMONAL CHANGES IN THE LIFE STAGES OF WOMEN**

"Dealing with the perimenopause and menopausal transition"

a. Symptoms and manifestations of the hormonal change: including menstrual problems, mood changes and "reproductive depression", insomnia, migraine, thermoregulation, joints, collagen

b. HRT: time for a comeback: What do we mean by HRT, different regimes, facts and fiction about risks and benefit, women with complex problems and early menopause, starting and stopping, local HRT.

c. Alternatives to HRT: are they more "natural" and what is the evidence for their efficacy?

Mr Mike Cust, Derby Teaching Hospitals

4.00pm **Questions, Discussion - Close**

(Programme may be subject to change)

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The companies attending the medical exhibition are helping to sponsor the cost of the educational programme.

Your interest in the exhibition therefore would be gratefully appreciated.

We look forward to your attendance at what is sure to be a very informative and enjoyable event.

DOCTOR & NURSE REGISTRATION FORM

DOCTOR ☐

NURSE ☐

MANSFIELD 17th OCT ☐

DERBY 15th NOV ☐

Complete in CAPITALS Name:

Your email:

In the interests of the economy
and the environment we would
prefer to respond to you by email.

Surgery / P/Manager email:

Surgery Address:

..... Postcode: Tel:

CCG:

Lunch - tick box Yes ☐ No ☐

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