

Sex Matters

Female sexual pain: a multi-disciplinary approach



Friday 22nd June, 9.30am - 4.30pm

Nottingham Deaf Society, 22 Forest Rd W, Nottingham NG7 4EQ

Multi-disciplinary presentations about identifying and treating female genital pain and sexual dysfunction from a physical and psycho-sexual perspective.

Problems with sex is one of the biggest causes of relationship dissatisfaction. While some people feel able to talk to their GP or other health professionals about their sexual difficulties, many don't and may allude to it indirectly by presenting with emotional or psychological problems (e.g. depression, relationship problems, insomnia) or gynaecological complaints. Talking about and treating sexual pain it is multifactorial and complex, both for patient/client and practitioner.

Who is this day for?

General Practitioners, Hospital Doctors, Sex Therapists, Practice Nurses, Health Visitors and all health professionals who see women with sexual health issues.

Speakers:

Mr David Nunns (Consultant Gynaecological Oncologist , Nottingham University Hospitals NHS Trust (NUH))

Dr Vanessa Hodgkinson (Consultant in Pain Medicine, NUH)

Ms Mary Chestnut (Women's Health Physiotherapist, NUH)

Dr Clare Gribbin (Consultant Obstetrician: Maternal Medicine and Psychosexual Medicine, NUH)

Mrs Alison Towner (Psychosexual Therapist, Chandos Clinic, NUH)

Ms Michele McCulley (Sex and Relationship Therapist, Relate and Private Practitioner).

The aims of the day:

- To examine the common causes of genital pain.
- To explore the impact of genital pain on sexual function.
- To consider referral pathways.
- To look at the physical and psychological treatment options for managing genital pain and the resulting sexual dysfunction.

The format includes **presentations and discussions**. Delegates are encouraged to use their expertise and participate in the sessions. If delegates have any specific questions or problems they would like covered on the day, please e-mail Relate by 18th May.

Fees:

The cost is £50.00, which includes morning coffee, buffet lunch and afternoon tea. Please contact Relate for an application form (FAO Elaine info@relate-nottingham.org.uk).