



LINCOLNSHIRE PRACTICE MANAGERS DEVELOPMENT GROUP
ANNUAL CONFERENCE OF PRACTICE MANAGERS
THURSDAY 27TH SEPTEMBER 2018



8.45	Coffee & Registration – Market Place	
9.45	Chairperson Opening Remarks <u>Dr Phil Hammond</u>	
10.00	<u>Claire Lomas MBE</u> <p>A truly inspiring story, from overcoming adversity to success.</p> <p>Claire’s life turned upside down when she became paralysed from the chest down in a horse-riding accident. Determined to make the best of the situation, since she has focused her efforts on fundraising to help the search for a cure to paralysis whilst finding ways to stay active and push her self to the limit.</p> <p>Delegates will leave the room believing in themselves, inspired and hugely motivated.</p> <p>When faced with challenges in their own lives, Claire’s words stick in their mind; <i>“Whether you believe you can or whether you believe you can’t - you are right”.</i></p>	
11.00	Refreshments & Networking - Marketing Place	
11.30	<u>Dr Farah Jameel</u> GP Committee (GPC) Executive <p>Dr Farah Jameel is a GP and sits on the British Medical Association’s GPC.</p> <p>Farah is a sessional GP, having completed her GP training in 2013, she has since been named one of the top 50 most influential GP’s.</p> <p>Learn about the work of the GPC, the roles of the GPC sub-committees & also the GPC negotiation process.</p>	
12.30	Lunch in the Brasserie & Market Place	
13.45	<u>Charlie Keeney</u> - Sustainable Improvement Team - NHS England <p>Helping practices to implement capacity - releasing innovations, building local improvement capability and work collaboratively.</p> <p>Find out how the Sustainable Improvement Team can help your practice succeed.</p>	
14.00	Breakout Sessions	
	Group 1 <u>Alan Molineaux</u> Rooted Training <p>Success in conflict resolution</p>	Group 2 <u>Charlie Keeney</u> Sustainable Improvement Team - NHS England <p>Understanding team dynamics & behaviours</p>
1500	Refreshments & Networking - Marketing Place	
15:30	Breakout Sessions	
	Group 1 <u>Charlie Keeney</u> Sustainable Improvement Team - NHS England <p>Understanding team dynamics & behaviours</p>	Group 2 <u>Alan Molineaux</u> Rooted Training <p>Success in conflict resolution</p>
16.30	Day 1 Close Happy Hour & Meet the Sponsors	
19.00	10th Anniversary Gala Conference Dinner Evening Entertainment featuring the <u>Flipside Party Band</u> <p>Plus a few other treats for our 10th anniversary - Dress code Black Tie/Lounge Suit</p>	



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Friday 28th September 2018



9.30	<p style="text-align: center;">Chairman Opening – Dr Phil Hammond</p> <p style="text-align: center;">Review of Day One</p>
9.45	<p style="text-align: center;">Lee Jackson - How to 'Get Good' at Work</p> <p>In Lee's down-to-earth session, you'll learn about real success and how you can achieve it, even in these challenging times.</p> <p>It's success 101 – nothing boring or complex, just real life advice and research to help grow your resilience, effectiveness and enjoyment at work. He'll tackle a few 'sacred cows' and give you some real life advice to help you on Monday morning when you get back into work.</p>
10.45	Refreshments & Networking - Market Place
11.15	<p style="text-align: center;">Mandy Stevens - Success in Recovery</p> <p>Mandy Stevens is a qualified nurse & has worked in mental health services for 30 years. In October 2016 Mandy suffered a severe episode of depression resulting in a crisis admission to an NHS acute mental health unit, where she stayed for three months.</p> <p>She is now fully recovered from her illnesses and has spoken widely about how this episode affected her. Mandy is now increasingly advocating for mental health awareness, anti-stigma campaigns, learning from the patient's experience & recovery focused work.</p>
12.15	Lunch in the Brasserie & Market Place
13.45	Draw Prizes
14.00	<p style="text-align: center;">Dr Phil Hammond</p> <p style="text-align: center;">Celebrating the Success of 70 years of the NHS</p> <p>Phil Hammond is a doctor, journalist, broadcaster, campaigner and comedian. He qualified as a GP in 1991 and is currently works in a specialist NHS centre for children and adolescents with chronic fatigue syndrome/ME. Phil is also a presenter on BBC Radio Bristol is Private Eye's medical correspondent.</p>
14.45	Refreshments & Networking
15.00	<p style="text-align: center;">Dr Ahmed Kazmi - The Importance of Self-Care & Well Being for Practice Managers</p> <p>Dr Ahmed is a GP & Stand-Up Comedian.</p> <p>Described as hilariously funny, disarmingly honest, intelligent and surprising!</p> <p>His experience as a doctor and passion for medicine means he is bursting with self-care and wellbeing tips. He also discusses his own experiences of the Grenfell Tower fire, as his practice was just 800m away.</p>
16.00	<p style="text-align: center;">Conference Summary</p> <p style="text-align: center;">Dr Phil Hammond</p>
16.15	Close of Conference

The above agenda may be subject to change