

PRODUCT LICENCE RESTRICTIONS TO OTC SUPPLY BY COMMUNITY PHARMACISTS

Community Pharmacists support patient to self-care. However, some OTC medicines have restrictions in their product licences. This is a list of the most common restrictions/age limits. Requests for unlicensed indications and patients will be refused by the community pharmacy.

Group	Medicine	OTC Indication	Exclusions	Age allowing OTC supply
Antihistamine drowsy	CHLORPHENAMINE	Hayfever, vasomotor rhinitis, urticaria, angioneurotic odema, reactions to food or medicines, insect bites	Pregnancy and/or breastfeeding	1 yr or more
Antihistamine non-drowsy	CETRIZINE, LORATIDINE	Symptomatic treatment of allergic rhinitis and chronic idiopathic urticaria.	Pregnancy and/or breastfeeding	2yrs or more for hayfever, 6yrs or more for chronic idiopathic urticaria
Steroid nasal spray	BECLOMETASONE NASAL SPRAY, FLUTICASONE NASAL SPRAY	Prevention and treatment of allergic rhinitis, including hayfever.	Pregnancy and/or breastfeeding	18 yrs or more
Anti-inflammatory gels	IBUPROFEN 5% GEL	Topical analgesic and anti-inflammatory	Pregnancy and/or breastfeeding	14 yrs or more
Steroid creams and ointments	HYDROCORTISONE 1% CREAM/OINTMENT	Treatment of allergic contact dermatitis, irritant dermatitis, insect bite reactions and mild to moderate eczema.	Use on the face, anogenital region, broken or infected skin. Duration of use > 1week. Pregnancy	10 yrs or more
Steroid creams and ointments	CLOBETASONE 0.05% CREAM	Short-term symptomatic treatment and control of patches of eczema and dermatitis (but not seborrhoeic dermatitis)	Use on the face, anogenital region, broken or infected skin. Duration of use > 1week. Pregnancy	12 yrs or more
Topical antifungals	AMOROLFINE 5% NAIL LACQUER	Treatment of mild cases of distal and lateral subungual onychomycoses caused by dermatophytes, yeasts and moulds	Maximum of 2 nails affected. Pregnancy	18 yrs or more
Topical antifungals	CLOTRIMAZOLE 500MG PESSARY	Candidal vaginitis	Can be used during pregnancy, but only under the supervision of a physician or midwife. Insert without the applicator	16 yrs or more & under 60 yrs
Topical antifungals	CLOTRIMAZOLE THRUSH CREAM 2%	Candidal vulvitis, candidal balanitis, adjunct to treatment of candidal vaginitis	Can be used during pregnancy, but only under the supervision of a physician or midwife	16 yrs or more & under 60 yrs
Topical antifungals	CLOTRIMAZOLE 10% VAGINAL CREAM	Candidal vaginitis	Pregnancy (use alternative product that does not use an applicator)	16 yrs or more & under 60 yrs
Topical antifungals	CLOTRIMAZOLE/HYDROCORTISONE CREAM	Athlete's foot, candidal intertrigo	Use on the face, eyes, mouth mucous membranes, anogenital area, broken or infected skin. Duration of use > 1wk Pregnancy and/or breastfeeding	10 yrs or more
Oral antifungal	FLUCONAZOLE 150MG CAPSULES	Candidal vaginitis, candidal balanitis	Pregnancy and/or breastfeeding	16 yrs or more & over 60 yrs
Eye drops/ointment	CHLORAMPHENICOL 0.5% EYE DROPS & 1% EYE OINTMENT	Treatment of acute bacterial conjunctivitis	Pregnancy and/or breastfeeding	2 yrs or more
Eye drops/ointment	SODIUM CROMOGLICATE 2% EYE DROPS	Relief and treatment of the eye symptoms of hayfever	Pregnancy and/or breastfeeding	6 yrs or more
Anti-nausea	BUCCASTEM M TABLETS (PROCHLORPERAZINE MALEATE 3MG)	Nausea and vomiting associated with migraine	Pregnancy and/or breastfeeding. Not licenced for other types of nausea - just that associated with previously diagnosed migraine	18 yrs or more
Antispasmodic	BUSCOPAN IBS TABLETS (HYOSCINE BUTYLBROMIDE 10MG)	Gastro-intestinal tract spasm associated with medically confirmed Irritable Bowel Syndrome.	Pregnancy and/or breastfeeding. Only licenced for patients with diagnosed IBS	12 yrs or more

