



“TIME TO LISTEN”

Let's Help Improve Men's Mental Health

Join Dr Naren Senthil Nathan for an evening about Men's mental health and hear his own story!

Session Overview:

- Why does Men's mental health matter?
- What risks can be caused from mental health
- Signs of someone struggling with their mental health
- Naren's Story
- How can we help with Men's mental health?

Thursday 16th June 19:00 via ZOOM

Book [here](#)



Community
Pharmacy
Derbyshire

**Derbyshire
County LDC**

General Practice
Task Force
Derbyshire

