

Your Local Medical Committee

REPRESENTATION

The LMC has a wealth of roles including:

- Shaping local policy and ensuring appropriate funding
- Publishing guidelines
- Preventing inappropriate work transfer
- Training and development
- Job adverts for levy-paying doctors
- Signposting to local support services

The LMC is the only committee with a statuary obligation to represent the interests of ALL local GPs.

Whether Partner, salaried, locum or portfolio, our role is to ensure that you are properly valued, and your skills appropriately utilised whilst you enjoy a standard of living commensurate with your profession, commitment and training.

LMCs influence local and national health policy. We liaise directly with NHSE, CCGS and secondary care to ensure the voice of general practice is heard loud and clear.

CONTACT US

For advice or to attend a meeting contact the LMC office on

01332 210 008

office@derbyshireLMC.nhs.uk

Find information and updates from the RCGP Vale of Trent on their website:



Derbyshire CPD

Join our well-established North Derbyshire Sessional GP Education group or help shape our novel group in the south of the county.

Our **FREE sessions** will provide:

- Regular meetings
- Peer support
- Mandatory training
- Email support with updates,training events and jobopportunities sent direct to you

For advice or to attend a meeting contact the GPTF Team on

GPTF@derbyshireLMC.nhs.uk

General Practice
Task Force
Derbyshire



Career Opportunities Calling All Locums

- Feeling Isolated?
- Struggling to coordinate your bookings?
- Don't know where to start with invoicing and pension forms?
- In need of some education sessions and mandatory training?

Then why not join Derbyshire Medical Chambers

To find out more, please contact Chambers@DerbyshireLMC.nhs.uk

GP Aspire

Have you left General Practice in the last 2 years or are you thinking of leaving General Practice in the next 5 years?

The GP Task Force, Derbyshire is looking for a cohort of GPs to help us define the challenges facing GPs at different stages of their career and look for meaningful solutions. We hope to improve GPs' working lives and therefore GP retention in Derbyshire.

If you're interested in contributing to this muchneeded project please contact: GPTF@derbyshireLMC.nhs.uk

Wellbeing



GP-S is a free peer mentoring service for General Practice. We offer free mentoring, coaching and signposting.

GP-S is here to help you get to where you want to be.

- Achieve your aspirations
- Improve motivation
- Manage transitions positively
- Enhance leadership skills
- Build your resilience
- Strengthen team working
- Build confidence
- Improve your work life balance
- ✓ Enjoy your work again



The NHS GP Health Service is a confidential NHS service for GPs and GP trainees in England.

The GP Health Service can help with issues relating to a mental health concern, including stress or depression, or an addiction problem, in particular where these might affect work.

Access the service by emailing us on gp.health@nhs.net or by calling 0300 0303 300. The service is available 8am – 8pm Monday – Friday and 8am http://gphealth.nhs.uk/

2pm Saturday.

Good Luck



If you have any questions, comments or suggestions for additional information please contact:

Derbys and Derbyshire LMC

01332 210 008

office@derbyshireLMC.nhs.uk

Welcome to Derbyshire **General Practice**



Your guide to the support available for GPs in Derbyshire