

Relationships and Connectivity Workshop

We are pleased to confirm more dates for this popular workshop, now run as a 1 day or afternoon session to make it accessible to General Practice, and open to anyone in the Derbyshire health and care system at no cost.

Dates: Full day 3rd May and 4th September, Afternoon 19th June and 3rd October 2018

How well we connect with others in our work and in our lives affects our ability to build relationships, which in turn affects our ability to deliver outcomes and results. We can become stuck, defensive, ineffective, frustrated and even unhappy when relationships don't work effectively. We can equally be successful, effective, very productive and much happier when our relationships run smoothly, engagingly and supportively.

This participative workshop explores the nature of the relationships we form, what works for us and for them, what we do/do not do that causes relationships to flourish or not. We look at the style choices that we make, how these affect the trust that we build and how this influences our intended outcomes. We also explore engagement, a critical impact of our efforts and what will truly inspire others to 'play their part' in our shared endeavours. Participants leave with insight, tools and confidence to make changes

Previous participants say:

"It really helped me to consolidate things that were floating around in my head. I now have a clearer intention of what I need to do. Thank you."

"An extremely valuable day, I feel privileged to have taken part"

"All leaders should go on it!"

Intended Outcomes

- Understand communication style preferences
- Practise increasing range & flexibility
- Create a dynamic 'map' of my connections & key relationships
- Diagnose 'what Trust takes' – using tools to create/rebuild
- Apply insights, tools and techniques to improve live relationships
- Reframe how we see 'conflict' and seize opportunities for innovative results
- Tools to build engagement & harness resistance
- Build commitment & support for application beyond today

The workshop will be run by Anne Lashmar of AndPartnership. Specialists in the human side of change, working with a wide range of clients in public & private sector, most recently EMLA, Virgin Trains, National Trust and Superdry.

Please register your attendance using the following links:

3 rd May 9.30 – 4.30	http://www.leadershipeastmidlands.nhs.uk/events/relationships-and-connectivity-joined-care-derbyshire
19 th June 1.30 – 5.00	http://www.leadershipeastmidlands.nhs.uk/events/relationships-and-connectivity-joined-care-derbyshire-0
4 th September 9.30 – 4.30	http://www.leadershipeastmidlands.nhs.uk/events/relationships-and-connectivity-joined-care-derbyshire-2
3 rd October 1.30 – 5.00	http://www.leadershipeastmidlands.nhs.uk/events/relationships-and-connectivity-joined-care-derbyshire-1

