### Raising awareness fighting depression



# THE CHARLIE WALLER MEMORIAL TRUST TED FORT PROJECT GRANT FOR PRACTICE NURSES

# RELATING TO PATIENTS WITH MENTAL HEALTH PROBLEMS **2018/19**

The Ted Fort Grant award: £3000 annually

#### **Grant aim**

The purpose of this grant is to support a practice nurse to undertake a project related to improving the recognition of patients with mental health problems and helping them to access appropriate treatment.

#### Who should apply?

The grant is open to practice nurses registered with the NMC and working in the UK. They should have an interest and enthusiasm for mental health. They do not need to consider themselves highly experienced in the field or have had any previous mental health training.

### **Project description**

The project will be carried out over the period of one year (1st April 2018 to 31st March 2019). It should be a discrete piece of work with a clear aim and realistic objectives. It should be practical and aimed to deliver change in the practice as near to patient care as possible. Projects which will be transferable to other practices are encouraged. Suggestions to consider are: access to information; raising awareness; training; audit; clinical issues; self-care/guided self-help; whole practice team approach to mental health; and communication.

- The participation in the project has to be agreed and signed off by the applicant's line manager. There is an expectation that the practice will provide the applicant with practical support to enable them to carry out the project.
- The grant is to cover backfill and study leave support over the project period.
- Support and mentorship will be provided by the Charlie Waller Memorial Trust (CWMT).
- Progress will be monitored through three quarterly progress reports to the CWMT, supplemented by a verbal report (by phone); a final report of findings and a meeting with the CWMT.
- The successful applicant will write a report by the project completion date. If assessed as appropriate by the CEO of the CWMT, this will be placed on the CWMT web site.

#### The project payment

The grant will be administered through three payments to the employing practice following project feedback to the CWMT and through the CWMT payment procedures. The second and third payments will only be made if the CWMT is satisfied that the project is being properly pursued. The payments are made as follows: 34% payment at the project commencement; 33% payment at the project half way stage (subject to satisfactory receipt of the first half project report); 33% payment on project completion (subject to satisfactory receipt of the final report).

## Application for The Ted Fort Nurses Project Grant in association with the Charlie Waller Memorial Trust 2018/19

First Name:

Applications must be typed.

1. Personal Details
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Surname:

Address for correspondence:	Work telephone:						
	Home telephone:						
	Mobile:						
	Email:						
NMC Pin No:							
2. Proposed project details							
Project title:							
Aim of the project:							
Objectives of the project:							
, ,							
Proposed outcomes (i.e. the potential imp	pact on the mental health of patients and/or carers):						
Contribution of this project to your personal and professional development:							

Title:

### 3. Past experience

Outline any previous experience of mental health work or training:						
Outline of any previous project work:						
4. Managing the project						
Outline how you will manage your time, work and other commitments alongside the project	_					
Summe now you thin manage your time, work and other communicate dishignae the project	•					
Give details of support that will be provided by your practice (e.g. organisation of back fill,						
agreement to study leave, one to one time from line manager, admin and IT support, use of						
venue):						
Outline of support and mentorship required from CWMT for the project:						
5. Project costs						
Hours taken for each stage: Total costs for time:						
Will a colleague provide backfill? Please Other costs:						
describe:						
If you are also seeking funding from another source for this project, please describe:						

### 6. Supporting statement from Manager

Please comment on how the project would fit in with the ap	plicant's:
Professional role, working day and existing professional comn	nitments
Professional and Personal Development	
The work of the Practice	
The support from the practice to the applicant to complete the	ne project
Manager's Name (please print):	
Job Title:	
Manager's Signature:	Date:
7. Applicant agreement	
I agree to the Terms and Conditions as set out on page 1. I ag withdrawal from the funded activity if unused at that time.	ree to return funds on
Signature:	Date:

### PLEASE INCLUDE YOUR UP TO DATE CURRICULUM VITAE

The completed application form and CV should be submitted in electronic form to Dr Sheila Hardy: <a href="mailto:sheila.hardy@cwmt.org">sheila.hardy@cwmt.org</a> and copy in the office <a href="mailto:admin@cwmt.org">admin@cwmt.org</a>

Application deadline: mid-day on Friday 2nd, March 2018
All applicants will be informed of the CWMT's decision by Monday 12th March 2018

### **Application Enquiries**

- Regarding project ideas or completing the application: <a href="mailto:sheila.hardy@cwmt.org">sheila.hardy@cwmt.org</a>
- Regarding submission or award process please contact: <u>admin@cwmt.org</u>

### **Equal Opportunities**

Completion of this section is optional, but the information is helpful to ensure that we are aware of the communities applying for this scheme and assist the implementation of equal opportunities. Please note this information will not form any part of the selection process.

### **Ethnicity**

Asia	Asian or Asian British			Mixed			
Indi	Indian			White and Black Caribbean			
Pak	Pakistani			White and Black African			
Ban	Bangladeshi			White and Asian			
Any other Asian background			Ar	Any other mixed background			
	k or Black British			hite			
	bbean			British			
	African			Irish			
Any other Black background			Ar	Any other White background			
Chir	nese		Ar	Any other ethnic group			
Gender Male Do you have a disability? Yes No							
Age scal	e						
20-29	30-39	40-49	50-59	60-65	65+		