



GP WORKSHOP

A GP'S GUIDE TO SOCIAL PRESCRIBING, CARE NAVIGATION, SIGNPOSTING, CARE PLANNING AND PATIENT ACTIVATION MEASURES.

Over the last few years several new terms and roles have entered the primary care vocabulary; Social Prescribing, Care Navigation, Signposting, Patient Activation Measures and Care Planning. So, what do they all actually mean and what is their relevance to everyday General Practice?

Dr Joanne Cummings and Sarah Pearce are co-founders of Co-Formation Ltd. Joanne is an experienced GP and Sarah is a former Practice Manager and they have both worked for a Vanguard site implementing new models of care.

We aim to explain each role and processes and use illustrations from around the country to enthuse GP's about how their practices could be transformed.

How can Care Navigators work with GP's to improve patient care?

What is the best way to introduce Social Prescribing?

How can P.A.M. scores help with care planning?

How will these changes work together in your Practice?

**Including:
Implementation tools.
Quality improvement.
Indemnity .**

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AIMS & OBJECTIVES OF THE WORKSHOP.

Session 1

- To explore the principals & differences of Social Prescribing, Signposting and Care Navigation.
- Who could take up these new roles and what training would be needed
- What are the benefits of Signposting and Care Navigation for your Practice.
- Demonstrate how Care Navigators can work with GP's to improve patient outcomes.
- Discuss options and tools for implementing these changes.
- The implications of introducing these new models of care e.g. Indemnity, costs / savings etc.

Session 2

- Who needs a care plan and who could be doing the care planning?
- What needs to be in a care plan i.e. treatment escalation plans and goals setting etc.
- Look at developing care planning processes, templates and a MDT approach.
- Explaining Patient Activation Measures and how they can enhance delivery of care.

Session 3

- What is the value of introducing, implementing and using all these new initiatives?
- How could this work in your practice and what would the benefits be?
- Discussions around what is currently happening locally and plans for the future.
- What are your next steps?

For more information on the workshop email: information@co-formation.uk

or if you would like to just talk to us, please call: **07765512678**

Our website <https://www.co-formation.uk> also has more information about our services.