

Information to GP Practices regarding patients with long-term conditions

Update 21: 18th January 2021

[Authors](#)

The Strategic Clinical Conditions and Pathways Team are pleased to announce this pack of information and updates for GPs across Derby and Derbyshire in regards to managing their patients with long-term conditions. We are aware that the rapid developments in the recent days have led to a significant change in routine practice in addition to managing and treating patients face-to-face.

This pack covers guidance around updates to:

- [General](#)
- [Respiratory](#)
- [Diabetes](#)

General

Post (Long) Covid Syndrome Assessment Service

Please find [attached](#) an updated Practice Pack to be shared with all GP's. This includes a change of name to avoid patient confusion and an updated patient service information leaflet.

[Back to top](#)

Respiratory

Pulmonary Rehabilitation Referrals to Impact+ (Community Respiratory Team – South of Derbyshire)

The Impact+ team have been receiving increasing numbers of patient referrals for pulmonary rehabilitation. Some of the patient referrals have not been appropriate for a number of reasons, and following discussion with the team, it was felt that we needed to put forward some suggestions where referral for pulmonary rehabilitation would not be appropriate at that time. Please consider the following suggestions prior to referring patients to the service:

Patients who are referred to pulmonary rehabilitation will be required to exercise to a high intensity and so please only refer patients who are suitable at the time of the assessment. The Impact+ team are receiving a lot of referrals for patients:

- Who have also been referred to Cardiology and therefore would not be considered until after the cardiology appointment.
- Patients who are high falls risk or who have had several recent falls and under the falls team would not be appropriate until their falls risk has reduced and mobility improved.
- Patients also need to be physically able to walk 10 meters or more in 20 seconds or less with or without a walking aid.
- Patients achieve the best outcomes when they are keen and motivated to attend, the team receives lots of referrals for patients who when asked, decline the programme or were unaware of the referral

[Back to top](#)

Diabetes

Diabetes UK Updates

Please find attached two new leaflets from the Diabetes UK website, on [healthcare essentials during the pandemic](#), and [looking after your feet](#).

[Back to top](#)

Authors and Contributors

Strategic Clinical Conditions and Pathways Team:

Katherine Bagshaw – Deputy Medical/Clinical Director LTC & Condition Specific

Angela Deakin – Assistant Director Strategic Clinical Conditions Pathways & Commissioning

Scott Webster – Head of Strategic Clinical Conditions & Pathways

Joanne Goodison – Senior Commissioning Manager

Julie Caunt – Senior Commissioning Manager

Tarun Narula – Clinical Lead CVD

Karissa Owen – Clinical Lead Diabetes

Seema Kumari – Clinical Lead Respiratory Medicine

Caroline Garside – Clinical Lead Gastroenterology

Reeve Palmer – Commissioning Manager

Rachel Madin – Commissioning Manager

Danielle Sowerby – Commissioning Manager

Sally Longden – Senior Administrator