

This paper should be completed for all submissions to the Joint Area Prescribing Committee. This paper provides JAPC members with background and context and in some cases summarises the key points to the main paper being submitted.

## Supporting paper for Guideline Group / JAPC meeting on December 2017

**Document title: Self-care policy**

**Submitted by: JV**

### Are there any Equality and Diversity implications? Y/N

(Protected Characteristic: Age, Disability, Gender Re-assignment, Marriage and Civil Partnership, Pregnancy and Maternity, Race, Religion and Belief, Sex, Sexual Orientation)

### Yes, is the effect significant? Y/N

(If Yes, CCG's will need to consider plans to mitigate negative impact - if no action is taken to explain why it's not possible).

Equality Impact Assessment already discussed at previous JAPC meeting

### Conflicts of interest declaration

Guideline Group / JAPC members do not need to declare providing that the Annual Conflict of Interest Declaration form has been completed. It will be the responsibility of the JAPC member to inform the secretary within 28 days to notification of status change.

### For non Guideline Group / JAPC members

Do you have a conflict of interest to declare? This includes:

- Current personal interests (financial/non-financial)
- Professional interests (financial/non-financial & indirect)
- Indirect interests

See [Conflicts of Interest Declaration Appendix 1](#) for a detailed definition of the above

Yes ☐ No ☐

**If a conflict of interest needs to be declared a form must be completed and submitted with this front sheet.**

Please click [here](#) to go to the Derbyshire Medicines Management website to download this. The Declaration of Conflict of Interest form will accompany your submitted paper.

## Consultees

**(For CET to complete)** Are any clinical/shared care guidelines relevant to be sent to the shared care pathology group? Y/N

Name or group	Designation
Public Consultation	
JAPC	
Derbyshire County Governing Bodies x 4	

## Purpose

To agree the final wording of the self-care policy especially with regard to the statement about exceptionality

## Background

The Self-Care policy has been discussed at previous JAPC meetings and has now been agreed by all 4 Derbyshire Governing Bodies. The wording regarding exceptionality has been changed in line with comments made at the last meeting but JAPC is asked to consider whether the wording agreed should be the same in both the GF position statement and the self-care policy.

## Summary

The self-care policy is presented for JAPC to finalise following the decision of the Governing Bodies

## Financial implications

Potential savings are difficult to estimate as many of the drugs considered are used for both minor ailments and chronic conditions. However, some savings would be expected (in excess of £250,000 per annum across Derbyshire) and, in the long term, savings due to reduced GP appointments and better use of NHS resources would be expected to be much more important.

## Recommendation

This paper should be completed for all submissions to the Joint Area Prescribing Committee. This paper provides JAPC members with background and context and in some cases summarises the key points to the main paper being submitted.

According to the Governing Bodies decision JAPC is asked to finalise the self-care policy and agree the wording of the exceptionality clause.

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**Decision of JAPC** (JAPC decision based on the balance of: clinical effectiveness, cost effectiveness, patient factors & safety)

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