

FACE TO FACE SERVICES SUSPENDED



Headwear

We are not currently able to provide face to face support for headwear but can advise on different options that are available.



Walking for health

Our Walking for Health Group on a Tuesday Morning will hopefully be back soon.

We look forward to being able to offer our Headstrong service and problem solving workshops in the near future. Telephone support is available if you have any queries. 01246 516406



Complementary Therapies

We offer Reiki, Massage, Hypnotherapy and Reflexology within the centre and will let you know as soon as appointments can go ahead.

Cavendish Cancer Care are currently providing counselling, relaxation and self-management techniques online and via the telephone,

call 0114 2784600 or cavcare.org.uk

Emotional Well being and Body Image

Breast Cancer Now Moving forward courses offer a 3 week programme of information, support and guidance on how to cope with and adjust to life after Breast cancer treatment. We are hoping to be able to offer this course again soon.

Look Good Feel better workshops are dedicated to teaching cancer patients how to manage the appearance related side effects caused by treatment. We will release dates as soon as we are able to host events. Online workshops are available at www.lookgoodfeelbetter.co.uk



Macmillan Information and Support Centre
NGS Macmillan Unit
Chesterfield Royal Hospital

Phone: 01246 516406
E-mail:
crhft.macmillaninfo@nhs.net



@macmillaninformationandsupportchesterfield

@macinfoCRH



CHESTERFIELD MACMILLAN INFORMATION AND SUPPORT CENTRE NEWSLETTER

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Welcome

Welcome to the first edition of the Macmillan Information and support Centre newsletter.

Our doors may be temporarily closed but we are still available on the phone;

Centre number 01246 516406

Monday to Friday 8.30 am - 4.30pm

We are here to provide help, advice and support to anyone affected by cancer.

We know how important it is to offer accurate and up to date information about cancer and it's treatment.



Cancer and Coronavirus helpline 01246 516183
Monday - Friday 9.30am - 4pm

Our cancer and coronavirus helpline has been set up for anyone who may have questions about coronavirus (Covid 19).

The phone is answered by an experienced cancer nurse who can provide support and advice during this uncertain and challenging time.

If you are unable to use the helpline or prefer a written response you can send your question to the cancer nurse by email



email
crhft.macmillaninfo@nhs.net

CURRENT SERVICES AVAILABLE



We can help with benefit claims, arrange for you to speak to a welfare and benefits advisor, give guidance on financial support and grant applications

Thank you for helping to sort my blue badge, I can't walk as far as I used to'

Headwear



If you need a wig we can explain how you can still access services and discuss other headwear options.

Call 01246 516406



If you need to discuss what help is available in your community in terms of health and social care, we can advise you.

Emotional Health

We understand social isolation, reduction in physical activity and changes in routine all contribute to increasing stress.

We can signpost you to the relevant professional to get help that is appropriate for you.

NO ONE SHOULD FACE CANCER ALONE

SUCCESSSES 2019

As we approach our 3rd year of opening we wanted to share some of our achievements from 2019

