



Get psychological first aid (PFA) training and help people with different needs to cope with the emotional impact of COVID-19.

Psychological First Aid (PFA) is the globally recommended training for supporting people during emergencies and offers guidance on

delivering psychosocial care in the immediate aftermath of the emergency event.

On this course, you'll explore the psychological impact of the COVID-19 pandemic and what you can do to help people cope.

The course will teach you the key principles of giving psychological first aid in emergencies.

This course has been produced by Public Health England and is based on international guidance from the World Health Organisation, United Nations and partners.

This course is aimed at frontline or essential workers and volunteers dealing with the public during the COVID-19 pandemic.

Most FutureLearn courses run multiple times. Every run of a course has a set start date but you can join it and work through it after it starts.

You can find out more about the course and book on it here:

<https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1>
