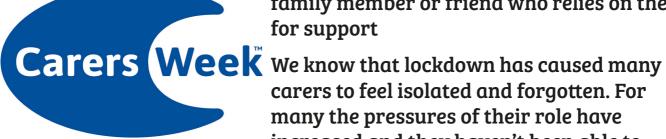
carers Matte

This Carers Week we want to share the message that #CarersMatter



The COVID 19 pandemic has been especially tough for those who are looking after a family member or friend who relies on them for support

carers to feel isolated and forgotten. For many the pressures of their role have increased and they haven't been able to access support in the usual way

Local services are still there to support carers over the phone & online If you're a carer and need information, advice or support please contact

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Derbyshire	Derby City	
Derbyshire Carers Association	Citizens Advice Mid Mercia – Universal Services for Carers	
Tel: 01773 833833	Tel: 01332 228777	
www.derbyshirecarers.co.uk	www.citizensadvicemidmercia. org.uk/carers	#CarersWeek
f you work with carers, or	' know someone who's a	
carer, please help them to	access support if they need	it
	AXMAN	
DERBYSHIRE County Council V Derbysh	Joined Up Care Derbyshire Derbyshire	THE Healthcare HS Foundation Trust Clinical Commissioning Grou
Derby City Council		Chesterfield oyal Hospital Is Foundation Trust