**Minor Eye Conditions (MECs) – update 14.5.2020**

**Distribution: GP Practices, Optometric Practices**

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| ***Name Change! MECs > CUES***Since piloting the expansion of the MEC pilot to enable GP Practices to signpost patients to Opticians, NHSE/I have issued a Specification for the provision of urgent eye care services for CCGs.The pathway within Derby & Derbyshire CCG remains unchanged, however for consistency, the service shall now be known as **CUES** (COVID-19 Urgent Eyecare Service).Documentation for GP Practices and patients are embedded here however the participating practices and pathway are in the pages below. The number of Opticians participating in this is expanding and we will issue updates in the near future. |
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| **How is it going?**270 patients have presented to the service in a 3 week period; weekly numbers ranging from 84-98 during this time and steadily increasing. 199 of these had urgent eye conditions requiring the patient to be assessed within 24 hours. On triage, 71 issues were deemed to be more routine, and the clinician decided an appointment within 5 days was appropriate.Of the all appointments offered, only 2 were delayed and this was down to patient choice. Every arranged appointment was attended by the patient; DNA rate for the service is 0%. Issues are being dealt with remotely by phone/video call assessment wherever this is appropriate, to reduce social contact and the associated risk of COVID-19 spread. In this period, 119 out of the 270 presenting issues were dealt with remotely (44%), with the remaining patients assessed face-to-face with PPE.The overall discharge/follow up in Community rate is 78% for the service and urgent referrals are at 14%. Response time on average for urgent symptoms dealt with by remote assessment was 49 minutes. Where a F2F was required, urgent patients were seen, on average, 5 hours 27 minutes from initial presentation. 42 GP practices have referred patients into the service to date. |

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| ***Red flag -*  issues for Derbyshire CUES**Some patients with eye issues will have red flag symptoms that require the GP to bypass CUES and refer directly to the Hospital.This is necessary to avoid delay in treating the most serious sight and life-threatening conditions. Producing a prescriptive list of red flag symptoms has been avoided, as it is important to ensure that GPs and Optometrists retain their ability to exercise clinical judgment.However, Derbyshire LOC have convened to create a list of red flag symptoms for Optometrists, GPs, and their respective support staffs, to use as guidance when deciding whether to refer a patient to CUES.Consider the following as very general rules: * The more severe the symptoms, bilateral concerns and shorter duration of onset warrants closer review
* Children and elderly should be assessed with a low threshold for review sooner.

**Examples of red flag symptoms:**1. Acute onset red eye, severe pain, getting worse with time **AND** reduced vision. Always enquire about contact lens wear if corneal ulcer is suspected.
2. Eye trauma in the affected eye:
	1. Including severe blunt injuries (sufficient to cause a Hyphaema)
	2. Embedded foreign bodies (especially high velocity e.g. hammer and chisel injuries)
	3. Penetrating injuries
	4. Chemical injuries (make a note of the offending agent where possible).
3. **ANY** Eye surgery, including intra-ocular injections, within past 30 days **AND** current issue is in this eye (e.g. suspected endophthalmitis).
4. Acute problems relating to a previous corneal graft.
5. Severe eye pain (enough to cause patient to stop normal daily activities). Very painful eye **WITH** vision loss **AND** nausea/vomiting **OR** haloes around lights **AND** cloudy cornea, and mid-dilated, non-responsive pupil (i.e. suspect angle closure glaucoma, ACG). **NOTE**: if bilateral, is VERY UNLIKELY to be acute ACG.
6. Droopy eyelid (ptosis) **WITH** painful eyes or headaches, double vision **AND** an abnormal pupil:
	1. If pupil is large think cerebral aneurysm
	2. If pupil is small and the ptosis mild, consider acute Horner’s Syndrome.
7. Sudden-onset double vision **WITH** other neurological signs suggestive of stroke. Check for Hemianopia or Quadrantanopia on gross confrontation.
8. Transient or sustained vision loss **WITH** headaches **AND** soreness of scalp, pain combing hair, jaw pain when eating (i.e. suspect temporal/giant cell arteritis).
9. Swollen eyelid **WITH** fever or **WITH** red, painful, bulgy-looking (protruding or proptosed) eye **AND** double vision or restricted eye movement (i.e. suspect orbital cellulitis).
10. Acute painless loss of sight – consider Arterial or Venous occlusions. If so, needs systemic review. If uncontrolled diabetic – consider vitreous haemorrhage from possible proliferative disease.
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**GP Feedback**

Whilst not wanting to add any burden to GPs with questionnaires; feedback as to the service would be extremely beneficial.

Please forward any comments on your experiences of the service to ddccg.optometry@nhs.net

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**COVID-19 Urgent Eyecare Service (CUES)**

**Temporary service - COVID-19 response**

**Information for patients**

To assist with the current pressures faced as a result of COVID-19 in GP practices and hospitals, NHS Derby and Derbyshire CCG has put in place a service that enables patients with eye problems to be reviewed by an Optician.

From the information you have provided to your GP Practice, you have been advised to contact one of the Opticians listed below for advice. You can choose any of the Opticians from the list and will be able to arrange a time to speak with them.

The Optician you speak with will be able to provide advice over the telephone or via video call for managing your eye condition. If necessary, they may also arrange to see you face to face with appropriate PPE precautions or, refer you on to other services.

Please see below the list of Opticians, their contact numbers and opening times which will help you make a decision about which to contact.

The Optician will discuss any concerns you may have and respond to your questions.

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|  |  |  |  |  |  **Opening Hours**  |  |  |  |  |  |  |
|  **Practice**  |  **Address**  |  **Town**  |  **Post****code**  |  **Tel Number**  |  **Monday**  |  **Tuesday**  |  **Wednesday**  |  **Thursday**  |  **Friday**  |  **Saturday**  |  **Sunday**  |
| **Chesterfield & Northeast Derbyshire**  |  |   |   |   |   |   |   |   |   |   |   |
| Chesterfield Specsavers  | 2 Burlington Street  |  Chesterfield  |  S40 1RR  |  01246222334  |  08:30-17:30  |  08:30-17:30  |  08:30-19:00  |  08:30-19:00  |  08:30-17:30  |  09:00-17:30  |  10:00-16:00  |
| Chesterfield Vision Express  | Unit 2, 16 Packers Row  |  Chesterfield  |  S40 1RB  |  01246277432080003821777  |  09:00-17:30  |  08:45-18:00  |  09:00-17:30  |  08:45-18:00  |  09:00-17:30  |  09:00-17:30  |  10:00-16:00  |
| Elliott & Heath  | 79 Newbold Road  |  Chesterfield  |  S41 7QA  |  01246275847  |  08:30-17:00  |  08:30-17:00  |  08:30-12:00  |  08:30-17:00  |  08:30-17:00  |  08:30-12:00  |  Closed  |
| Murgatroyd-Holmes  | 33 High Street  |  Staveley  |  S43 3UU  |  01246477199  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-12:00  |  Closed  |
| Thomas & Holloway  | 33 Chesterfield Road  |  Dronfield  |  S18 2XA  |  01246419408  |  09:00-17:30  |  09:00-17:30  |  09:00-20:00  |  09:00-17:30  |  09:00-17:30  |  09:00-13:00  |  Closed  |
| Matlock Specsavers  | 7 Crown Square  |  Matlock  |  DE4 3AT  |  0162970400001246222334  |  09:00-17:30  |  09:30-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:00  |  10:00-16:00  |
| Hope Valley Opticians  | Hathersage Park, 5B Heather Lane  |  Hathersage  |  S32 1DP  |  01433659565  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-19:30  |  09:00-17:30  |  09:00-13:00  |  Closed  |
| Crystal Peaks Specsavers  | Unit 50D, Crystal Peaks Shopping Centre  |  Mosborough, Sheffield  |  S20 7PN  |  01142513111  |  08:45-17:30  |  08:45-17:30  |  08:45-17:30  |  08:45-18:30  |  08:45-18:30  |  08:45-17:30  |  10:00-16:00  |
| Norton Specsavers  | Unit 9A, St James Retail Park, Bochum Parkway  |  Norton, Sheffield  |  S8 8BS  |  01142839731  |  09:00-17:30  |  09:00-17:30  |  09:00-19:00  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  10:00-16:00  |
| **Buxton & Northwest Derbyshire**  |  |   |   |   |   |   |   |   |   |   |   |
| Buxton Boots  | Unit 4, Spring Gardens Shopping Centre  |  Buxton  |  SK17 6DE  |  0129822443  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  Closed  |
| Buxton Specsavers  | Unit 14, Spring Gardens Shopping Centre  |  Buxton  |  SK17 6DF  |  01298766130  |  09:00-18:00  |  09:00-18:00  |  09:00-18:00  |  09:00-18:00  |  09:00-17:30  |  09:00-17:30  |  10:00-16:00  |
| Jenks-Burgess  | 24 Market Street  |  Whaley Bridge  |  SK23 7LP  |  0166373386101614807423  |  09:30-17:30  |  09:00-17:30  |  09:30-12:30  |  09:30-17:30  |  09:00-17:30  |  09:00-12:30  |  Closed  |
| Morans Opticians  | 28 Market Street  |  New Mills  |  SK22 4AE  |  01663742338  |  09:00-17:30  |  09:00-18:00  |  09:00-16:30  |  09:00-18:00  |  09:00-17:30  |  09:00-12:30  |  Closed  |
| **Mid Derbyshire**  |  |   |   |   |   |   |   |   |   |   |   |
| Ashbourne Specsavers  | 3 Victoria Square, Market Place  |  Ashbourne  |  DE6 1GG  |  01335348538  |  08:30-17:00  |  08:30-17:00  |  08:30-17:00  |  08:30-17:00  |  08:30-17:00  |  08:30-17:00  |  Closed  |
| B&B Opticians (Somercotes)  | 125 Nottingham Road  |  Somercotes  |  DE55 4JH  |  01773609411  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-16:00  |  Closed  |
| Belper Specsavers  | 46-48 King Street  |  Belper  |  DE56 1PL  |  01773824375  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  09:00-18:30  |  08:30-17:30  |  09:00-17:00  |  10:00-16:00  |
| Ripley Specsavers  | 22 Oxford Street  |  Ripley  |  DE5 3AL  |  01773741515  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  09:00-17:00  |  10:00-16:00  |
| Hurst Opticians  | 5-7 High Street  |  Ripley  |  DE5 3AB  |  01773744333  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-16:30  |  Closed  |
| Sutton Specsavers  | Idlewells Shopping Centre  |  Sutton-in-Ashfield  |  NG17 1BP  |  01623552456  |  08:30-18:00  |  08:30-18:00  |  08:30-18:00  |  10:00-18:00  |  08:30-18:00  |  09:00-17:00  |  10:00-16:00  |
| Stanley H Field  | 19 Church Street  |  Alfreton  |  DE55 7AH  |  01773832091  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-12:00  |  Closed  |
| DI Blow  | 115 High Street  |  Alfreton  |  DE55 7DP  |  01773836661  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-16:00  |  Closed  |
| Sumpton Opticians  | 108 Bath Street  |  Ilkeston  |  DE7 8FE  |  01159322653  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:30  |  09:00-12:30  |  Closed  |
| Ilkeston Specsavers  | 104 Bath Street  |  Ilkeston  |  DE7 8FE  |  01159441401  |  09:00-17:30  |  09:00-19:00  |  09:00-17:30  |  09:00-19:00  |  09:00-17:30  |  09:00-17:00  |  10:00-16:00  |
| Eastwood Specsavers  | 99 Nottingham Road  |  Eastwood  |  NG16 3AJ  |  01773535777  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-19:00  |  09:00-17:30  |  09:00-17:00  |  10:00-16:00  |
| Long Eaton Specsavers  | 4-6 High Street  |  Long Eaton  |  NG10 1LN  |  01159460450  |  09:00-19:00  |  09:00-17:30  |  09:00-19:00  |  09:00-17:30  |  09:00-17:30  |  09:00-17:00  |  10:00-16:00  |
|  **South Derbyshire**  |  |   |   |   |   |   |   |   |   |   |   |
| Adams Optician  | Unit 16B, Sinfin District Centre  |  Sinfin, Derby  |  DE24 3DS  |  01332272400  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:00  |  09:00-17:00  |  Closed  |
| Alvaston Opticians  | 1260 London Road  |  Alvaston, Derby  |  DE24 8QP  |  01332571642  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:30-17:30  |  09:00-15:00  |  Closed  |
| Borrowash Opticians  | 17 Derby Road  |  Borrowash, Derby  |  DE72 3JW  |  01332701944  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-13:00  |  Closed  |
| Chellaston Opticians  | 17 Derby Road  |  Chellaston, Derby  |  DE73 5SA  |  01332701944  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-13:00  |  Closed  |
| David Elks Opticians  | 12 Midland Road  |  Swadlincote  |  DE11 0AG  |  01283216284  |  09:00-17:00  |  09:00-17:00  |  09:00-12:30  |  09:00-17:00  |  09:00-17:00  |  09:00-12:00  |  Closed  |
| Derby Specsavers  | 22 Crown Walk, West Mall Intu Centre  |  Derby  |  DE1 2NP  |  01332294939  |  08:45-18:00  |  08:45-18:00  |  08:45-18:00  |  08:45-18:00  |  08:45-18:00  |  08:30-18:00  |  10:00-16:30  |
| Grimley & Glynn Opticians  | 15 West Street  |  Swadlincote  |  DE11 9DG  |  01283222535  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-17:00  |  09:00-16:00  |  Closed  |
| Normanton Specsavers  | 10-12 Stenson Road, The Cavendish  |  Normanton, Derby  |  DE23 1JA  |  01332771555  |  09:00-17:30  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  08:30-17:30  |  09:00-17:30  |  10:00-15:45  |
| Ultimate Spex  | 293 Normanton Road  |  Normanton, Derby  |  DE23 6UU  |  01332294599  |  09:30-17:00  |  09:30-17:00  |  09:30-17:00  |  09:30-17:00  |  09:30-17:00  |  09:30-17:00  |  Closed  |
| Oakwood Eyecare  | Oakwood District Centre  |  Oakwood, Derby  |  DE21 2HT  |  01332676433  |  09:00-17:30  |  09:00-20:00  |  09:00-17:30  |  09:00-20:00  |  09:00-17:30  |  08:00-16:00  |  Closed  |
| Oakwood Specsavers  | Unit 4, Oakwood District Centre  |  Oakwood, Derby  |  DE21 2HT  |  01332668553  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  09:00-17:30  |  10:00-16:00  |