Red hub blood glucose meter instructions

**Any person with diabetes should test blood glucose at home before attending the red hub if they have testing equipment.**

If not already done, every person with diabetes needs a finger prick blood glucose (BG) test at the hub.

If BG 12 or under, no action needed.

If BG >12, test blood ketones.

Red hub blood ketone meter instructions

**Use exactly as you would test a blood glucose- put the strip in the meter and then add a drop of blood.**

**A person with type 1 diabetes should test their blood glucose (BG) and ketones at home and results recorded by the referring practice.**

If not done already, test blood ketones in all people who have:

* type 2 diabetes and BG >12
* type 1 diabetes
* type 2 diabetes on an SGLT2i “gliflozin” medication and stop the medication immediately.

**Blood ketone results:**

<0.6- normal

0.-1.5- risk of DKA, will need to follow Trend sick day rules and recheck in 2 hours, phone urgent diabetes advice line if you or the patient need support.

1.6-2.9-phone the urgent diabetes advice line- see below.

3.0 or higher- admit via 999 ambulance stating patient has DKA.

**Urgent advice:**

**South Derbyshire and Erewash:** 01332 787671 Mon-Fri from 8am-6pm.

**North Derbyshire:** 07880 147785 available Mon-Fri 8am-5pm. DSNs at CRH also can be bleeped on 781 or in-patient nurses on 013 or 172.