



NEW RAPID ACCESS SUPPORT SESSIONS

Using our experienced and dedicated team of mentors, we have created a new way for you to access our service.



Our rapid access support sessions allow GPs in Nottinghamshire and Derbyshire to speak to a peer within 48 hours for video or phone session. The sessions will be shorter and will allow you to offload, discuss your thoughts and feelings with a supportive peer and link you with appropriate information or signposting to help you during these difficult times.

You can access this additional scheme by phone on **0115 979 6917**, email at **contact@gp-s.org** or by completing our website contact form – just state you'd like rapid access support sessions.

