

Update to provision of MSK, FCP and Physiotherapy services in DCHS – 26th March 2020

In line with COVID-19 service prioritisation guidance, Derbyshire Community Health Services is continuing to provide MSK and physiotherapy services for patients with the following conditions:

- Emergency and urgent MSK conditions who may need referral to secondary care
- Recent elective surgery
- Recent fracture
- Acute and/or complex needs, including people with carer responsibilities

All other rehabilitation work is postponed.

Patients with routine conditions are being encouraged to self-manage with support from resources including the DCHS MSK website: <http://www.dchs.nhs.uk/msk-triage-derbyshire>

Self-referrals and referrals into MSK and FCP for patients who meet the above criteria will continue to be accepted via the established routes. However, we would like to extend our support to primary care and offer virtual consultations to all patients who contact GP practice with conditions that meet the above criteria.

Patients can be redirected to call Therapy Direct SPA themselves where they will be triaged the same day and provided with an urgent telephone assessment. We will accept both physiotherapy and MSK referrals via this route.

Therapy Direct SPA:

North Derbyshire – Tel. 01246 565050

South Derbyshire – Tel. 01335 230079

If the practice wish to refer direct then a practice administrator or clinician should send an email containing patient name, NHS number and contact number to: DCHST.OP-PT-OT-MSKservices@nhs.net

We would like our services to ease pressure on primary care as much as possible and Trish Bailey is working with commissioners and independent providers to further increase our available capacity. We are open to considering any alternative suggestions that you may have to best support your needs at this time.

Thank you