

FACEBOOK Group – Belper Covid-19 Mutual Aid

Hello,

This is a place for people in Belper and the surrounding area to support each other during the coronavirus outbreak.

If you are self-isolating you can request support by posting on the page, please start your post with REQUEST.

If you can offer support please start your post with OFFER.

Examples of support you might need or offer are: food deliveries, a friendly phone chat, a dog walker, a prescription collection. It would also be helpful to give your vague location eg. North Belper.

SAFETY

Please do not post your address or phone number publicly, it is best to share this information in a private message.

Please be mindful and take the necessary precautions against virus spreading when delivering supplies to at risk people. The following is a comprehensive policy on how to safely support others in our community:
<https://queercare.network/.../policy-for-doing-support-work-.../>

This page could also be used to help coordinate offering support to local people who don't use facebook.

If you are able to help ADMIN this page help would be appreciated.

Please keep this page for sharing offers and requests not information about the virus.

We are not an organisation we are just local people trying to provide help for local people following the safety guidelines available to us.

We're putting together the coordination as we speak to ensure that as much as Belper is covered as possible. We're going to sort it area by area once we have sourced maps tomorrow. Updates will continue to follow.

If you have already begun to leaflet please comment as to where and I will make a note so we have a record.

If you would like to get involved to help those that have had to start isolating please let me know as we will be putting together a database of volunteers and teams very shortly.

HELLO! If you are self-isolating, I can help.

My name is
.....

I live locally at
.....

My phone number is
.....

If you are self-isolating due to COVID-19 I can help with:

☐ Picking up shopping

☐ Posting mail

☐ A friendly phone call

☐ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. **#ViralKindness**