



8.45	<b>Coffee &amp; Registration – Market Place</b>	
9.45	<b>Chairperson Opening Remarks</b> <a href="#">Dr Phil Hammond</a>	
10.00	<p style="text-align: center;"><a href="#">Claire Lomas MBE</a></p> <p style="text-align: center;">A truly inspiring story, from overcoming adversity to success.          Claire’s life turned upside down when she became paralysed from the chest down in a horse-riding accident. Determined to make the best of the situation, since she has focused her efforts on fundraising to help the search for a cure to paralysis whilst finding ways to stay active and push her self to the limit.</p> <p style="text-align: center;">Delegates will leave the room believing in themselves, inspired and hugely motivated.          When faced with challenges in their own lives, Claire’s words stick in their mind;  <i>“Whether you believe you can or whether you believe you can’t - you are right”.</i></p>	
11.00	<b>Refreshments &amp; Networking - Marketing Place</b>	
11.30	<p style="text-align: center;"><a href="#">Dr Farah Jameel</a></p> <p style="text-align: center;"><b>GP Committee (GPC) Executive</b></p> <p style="text-align: center;">Dr Farah Jameel is a GP and sits on the British Medical Association’s GPC.          Farah is a sessional GP, having completed her GP training in 2013, she has since been named one of the top 50 most influential GP’s.          Learn about the work of the GPC, the roles of the GPC sub-committees &amp; also the GPC negotiation process.</p>	
12.30	<b>Lunch in the Brasserie &amp; Market Place</b>	
13.45	<p style="text-align: center;"><a href="#">Charlie Keeney</a> - Sustainable Improvement Team - NHS England</p> <p style="text-align: center;">Helping practices to implement capacity - releasing innovations, building local improvement capability and work collaboratively.          Find out how the Sustainable Improvement Team can help your practice succeed.</p>	
14.00	<b>Breakout Sessions</b>	
	<p><b>Group 1</b></p> <p><a href="#">Alan Molineaux</a></p> <p><b>Rooted Training</b></p> <p>Success in conflict resolution</p>	<p><b>Group 2</b></p> <p><a href="#">Charlie Keeney</a></p> <p><b>Sustainable Improvement Team - NHS England</b></p> <p>Understanding team dynamics &amp; behaviours</p>
1500	<b>Refreshments &amp; Networking - Marketing Place</b>	
15:30	<b>Breakout Sessions</b>	
	<p><b>Group 1</b></p> <p><a href="#">Charlie Keeney</a></p> <p><b>Sustainable Improvement Team - NHS England</b></p> <p>Understanding team dynamics &amp; behaviours</p>	<p><b>Group 2</b></p> <p><a href="#">Alan Molineaux</a></p> <p><b>Rooted Training</b></p> <p>Success in conflict resolution</p>
16.30	<b>Day 1 Close</b> <b>Happy Hour &amp; Meet the Sponsors</b>	
19.00	<p><b>10<sup>th</sup> Anniversary Gala Conference Dinner</b></p> <p><b>Evening Entertainment featuring the <a href="#">Flipside Party Band</a></b></p> <p>Plus a few other treats for our 10<sup>th</sup> anniversary - Dress code Black Tie/Lounge Suit</p>	



**LINCOLNSHIRE PRACTICE MANAGERS DEVELOPMENT GROUP**  
**ANNUAL CONFERENCE OF PRACTICE MANAGERS**  
**Friday 28<sup>th</sup> September 2018**



9.30	<b>Chairman Opening – <a href="#">Dr Phil Hammond</a></b>  <b>Review of Day One</b>
9.45	<b><a href="#">Lee Jackson</a> - How to 'Get Good' at Work</b> <p>In Lee's down-to-earth session, you'll learn about real success and how you can achieve it, even in these challenging times.</p> <p>It's success 101 – nothing boring or complex, just real life advice and research to help grow your resilience, effectiveness and enjoyment at work. He'll tackle a few 'sacred cows' and give you some real life advice to help you on Monday morning when you get back into work.</p>
10.45	<b>Refreshments &amp; Networking - Market Place</b>
11.15	<b><a href="#">Mandy Stevens</a> - Success in Recovery</b> <p>Mandy Stevens is a qualified nurse &amp; has worked in mental health services for 30 years. In October 2016 Mandy suffered a severe episode of depression resulting in a crisis admission to an NHS acute mental health unit, where she stayed for three months.</p> <p>She is now fully recovered from her illnesses and has spoken widely about how this episode affected her. Mandy is now increasingly advocating for mental health awareness, anti-stigma campaigns, learning from the patient's experience &amp; recovery focused work.</p>
12.15	<b>Lunch in the Brasserie &amp; Market Place</b>
13.45	<b>Draw Prizes</b>
14.00	<b><a href="#">Dr Phil Hammond</a></b> <b>Celebrating the Success of 70 years of the NHS</b>  <p>Phil Hammond is a doctor, journalist, broadcaster, campaigner and comedian. He qualified as a GP in 1991 and is currently works in a specialist NHS centre for children and adolescents with chronic fatigue syndrome/ME. Phil is also a presenter on BBC Radio Bristol is Private Eye's medical correspondent.</p>
14.45	<b>Refreshments &amp; Networking</b>
15.00	<b><a href="#">Dr Ahmed Kazmi</a> - The Importance of Self-Care &amp; Well Being for Practice Managers</b>  <p>Dr Ahmed is a GP &amp; Stand-Up Comedian.</p> <p>Described as hilariously funny, disarmingly honest, intelligent and surprising!</p> <p>His experience as a doctor and passion for medicine means he is bursting with self-care and wellbeing tips. He also discusses his own experiences of the Grenfell Tower fire, as his practice was just 800m away.</p>
16.00	<b>Conference Summary</b> <b><a href="#">Dr Phil Hammond</a></b>
16.15	<b>Close of Conference</b>

The above agenda may be subject to change